

Guidance for Participants 2021

Test To Release Service

This document was last updated on 18 June 2021.

Immerse Education is working closely with our host Colleges at Cambridge University to ensure that all participants and staff are kept as safe as possible whilst following UK official advice and legislation.

The UK government's guidance surrounding Covid-19 is subject to change at short notice, which may result in updates from Immerse Education.

This document is designed to provide participants with a better understanding of the "Test To Release" scheme and how to book it with Immerse.

To book the test to release service with Immerse - please [click here](#).

WHAT IS THE "TEST TO RELEASE" SCHEME?

Arrivals to the UK from "amber list" countries can choose to pay for a private Covid-19 test on their fifth day in the country in order to end their quarantine (note - the arrival day is "day zero").

[Click here to view more information on the UK government's website.](#)

HOW DOES IMMERSE EDUCATION'S TEST TO RELEASE SERVICE WORK?

Participants from amber list countries can arrive six nights earlier than their original arrival date and self-isolate in their College.

Participants will have breakfast, lunch and dinner provided throughout their self-isolation period, but must stay in their bedroom for the majority of the time, only being allowed outside for a short time each day in order to exercise. Participants are not allowed to leave the campus.

Immerse staff will live on-site and provide regular pastoral checks on students, as well as organise remote social activities with other test to release participants.

Participants must arrive on the Monday before their original Sunday arrival date. On the fifth full day (Saturday), participants will be taken to complete a special test to release PCR test which will provide the results within 24 hours.

On the Sunday, once the PCR test has come back as negative, the participant will be able to end their self-isolation and meet other new arrivals from the UK and "green list" countries.

If a participant tests positive for Covid-19, they must continue to self-isolate until they can return a negative result. We will make every effort to ensure a student is able to remotely join their classroom if they have to self-isolate for longer than planned.

HOW MUCH DOES IT COST AND WHAT IS INCLUDED?

In order to keep the cost as low as possible, we are subsidising the cost of food and accommodation.

Participants will be charged a non-refundable nightly rate of £50.00 (total £300.00) for full-board accommodation in College and pastoral care provided by Immerse staff.

In order to book and pay for the test to release service - please [click here](#).

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PCR TESTING

***Important** - participants are responsible for booking their own PCR tests. This cannot be organised by Immerse Education. Our staff will be available to assist with the testing and post completed tests in the mail on behalf of students.

In the event of a positive test, participants must inform us as soon as possible.

BOOKING PCR TESTS

Participants must book their Day 2 & Day 8 tests separately to their Test To Release (Day 5) test.

We recommend using [Goodbody Clinic](#) to organise all PCR tests, and have agreed a 10% discount for Immerse participants.

- **Day 2 & Day 8 - Postal Kit**
 - Order your test at: <https://www.goodbodyclinic.com/day-2-day-8-package-product>
 - Use discount code "RETURN" for 10% off
 - Ensure you enter the correct postal address (see below)
- **Test To Release (Day 5) Test**
 - Order your test at:
 - If staying at Sidney Sussex College: <https://www.goodbodyclinic.com/sussex-college>
 - If staying at Jesus College: <https://www.goodbodyclinic.com/jesus-college>
 - Select Cambridge as your testing location
 - Choose "Test to release - lab test"
 - Select the day before your original Sunday arrival date (ensure this is a Saturday)
 - Choose a morning test time
 - Enter your details on the next page & use discount code "IMMERSE" for 10% off

ACCOMMODATION LOCATION

Please use the below table to find out which Cambridge College participants will be staying at during at during the self-isolation period. This will also be the College that the programme will take place at.

Please also note the booking deadline column. This is the latest you can book the test to release service with Immerse Education, and is 2.5 weeks before your test to release arrival day.

Original Arrival Date	Test To Release Arrival Date	Age Range	Location	Booking Deadline
Sunday 04 July	Monday 28 June	16-18	Sidney Sussex College	Friday 11 June
Sunday 11 July	Monday 05 July	13-15	Jesus College	Friday 18 June
Sunday 11 July	Monday 05 July	16-18	Jesus College	Friday 18 June
Sunday 18 July	Monday 12 July	16-18	Sidney Sussex College	Friday 25 June
Sunday 25 July	Monday 19 July	13-15	Jesus College	Friday 02 July
Sunday 25 July	Monday 19 July	16-18	Jesus College	Friday 02 July
Sunday 01 August	Monday 26 July	16-18	Sidney Sussex College	Friday 07 July
Sunday 08 August	Monday 02 August	13-15	Jesus College	Friday 14 July
Sunday 08 August	Monday 02 August	16-18	Jesus College	Friday 14 July

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POSTAL ADDRESS FOR PCR TESTS

Participants must organise their Day 2 & Day 8 postal tests to be delivered to the below address. Please make sure you choose the correct delivery address as listed in the "accommodation location" section of this document.

Please make sure your full name and "Immerse Summer School" is listed on the delivery address, in order to ensure you receive your package.

Sidney Sussex College	Jesus College
Immerse Summer School Porters' Lodge Sidney Sussex College Sidney Street Cambridge CB2 3HU	Immerse Summer School Porters' Lodge Jesus College Jesus Lane Cambridge CB5 8BL

AIRPORT TRANSFERS

Due to the UK's safer travel policy, Immerse Education are not able to assist with arrival airport transfers for students arriving under the test to release scheme.

Participants must organise their own private airport transfer.

We recommend using [Panther Taxis](#) as a reliable transfer service for junior students. Panther Taxis are based in Cambridge and have plenty of experience chauffeuring summer school participants.

DEADLINE FOR BOOKING THE TEST TO RELEASE SERVICE

Please note the booking deadline column in the accommodation location section.

USEFUL LINKS

Official guidance is subject to change, and whilst we will provide participants with updates as appropriate, we strongly recommend all participants check the status of their travel independently.

- [UK Government Coronavirus Homepage](#)
- UK Government's "[Roadmap Out Of Lockdown](#)"
- [Data & Insights on Covid-19 in the UK](#) (Updated Daily)
- [Test to Release Scheme](#) (For Amber Countries)
- [Approved PCR Test Providers](#)
- [Passenger Locator Form](#)
- [Check If You Need A Visa To The UK](#)
- [List of Red, Amber & Green Countries](#)